

## No one has to face cancer alone.

When you have cancer, it can be a difficult time for the patient, family and friends. There are so many questions, doctors, things to learn, choices, and concerns.

The *Cancer Patient Navigator* is trained to help patients and their families through cancer care.



By Dennis Oda, Star Bulletin  
Sisters Mary Martin, Bea Rosa and Jackie Pereira, from left, have always been close. But the three women have had to share the trauma of cancer. Each has been diagnosed with breast cancer.

*"I lost my Mom and two aunts to breast cancer. As a cancer survivor myself, I know how hard it is to get through the health care system. Every cancer patient should have someone to help them through the rough waters of cancer care."*

—N. P., cancer survivor



Papa Ola Lokahi  
Nana I Ka Pono Na Ma



NCI COMMUNITY  
CANCER CENTERS  
PROGRAM



THE QUEEN'S  
MEDICAL CENTER

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When you need help with cancer care, a Cancer Patient Navigator can help.



## What is a Cancer Patient Navigator?

Cancer Patient Navigators can be community or clinic staff trained to:

- Work with your doctor and cancer team to make sure you are aware of services that can help you.
- Help you and your family get information about cancer and your cancer care.
- Guide you to and through the health care system.
- Help you fill out forms and find ways to pay for health care if you don't have insurance.
- Help with transportation and housing.
- Direct you to local agencies who provide support.
- Help you keep track of your doctor visits.

## Benefits of Cancer Patient Navigation:

- Better and faster access to health care services and information
- Fewer late or missed visits to the doctor
- Knowing how to find the support you need, like transportation, housing, help with payment
- More control and confidence in your health care choices
- Patient Navigation helps both the patient and the doctor

*Ask for a copy of our new booklet,*

**Questions to Ask  
When You  
or Someone You Love  
Has Cancer**

*Also available with other materials at*  
**[www.imihale.org](http://www.imihale.org)**



**Patient Navigators do not  
provide medical care.**

**If you need the services  
of a doctor, please call  
your family doctor or go to  
your local emergency room.**

